

FIRST-CLASS FACIALS

Book a session with the world's top skin magicians.

Sought after by celebrities and industry insiders, today's skin experts can transform your face in a matter of minutes. These top facialists use a mix of high-tech machinery, unique massage techniques, and elegant spaces to go far beyond "just a facial" and elevate the entire experience.

—KATHLEEN HOU AND KATIE BEROHN

THE FASCIA FACIAL

When the Paris-based **Sophie Carbonari** looks at skin, she gleefully sees bubble wrap waiting to be popped. You can expect to hear cracks from the fascia (our body's connective tissue) releasing tension in what she calls "deep tissue mobilization." Her distinct, and surprisingly pain-free, technique has garnered loyal clients like Naomi Campbell. sophiecarbonari.com; *Sophie Carbonari Skin Care the S Serum*, \$316, modaoperandi.com.

THE "BEAUTY SANDWICH"

For **Iván Pol**, a bit of age, just like patina, can only serve to highlight beauty. "It's okay to have some wrinkles," the former makeup artist says. He uses a multifaceted approach to radio frequency (the "beauty sandwich"), which includes a "V-shape" for the face. Clients like Ashley Olsen informally advised Pol on the artfully aged pieces—like Pierre Chapo's T21 table—in his French midcentury modern L.A. salon, designed by Katherine Waronker and Kamp Studios. thebeautysandwich.com; *Chanel Sublimage L'Extrait de Nuit*, \$920, chanel.com.

THE ALLOVER FACIAL

London-based **Fatma Shaheen** treats every inch of skin on the chest, neck, and face, even the lips. Her "Glow Pen" treatment combines microneedling with microcurrent to rejuvenate skin. She also uses radio frequency to stimulate collagen, ultra high frequency to tighten, cupping to increase circulation, and cryotherapy to de-puff. skindesignlondon.com; *Skin Design London Face Tight Serum*, \$265.

THE BESPOKE FACIAL

There's a long waiting list to see **Cynthia Rivas**, who adapts her protocol to each client rather than following a set treatment menu. Her newest project:



Shani Darden's Los Angeles space, designed by Jake Arnold.

a members-only "skin care club," whose privileges include monthly treatments, debuting this spring at WSA, a new downtown New York cultural hub with a curated beauty floor from Palm Heights founder Gabriella Khalil. cynthiarivas.nyc; *iS Clinical Pro-Heal Serum Advance+*, \$158, dermstore.com.

THE HIGH-TECH FACIAL

The walls of **Shani Darden's** Beverly Hills studio hold a secret: They're laden with crystals. A client-favorite treatment involves silver-laced microcurrent gloves, which allow Darden to hand-sculpt cheekbones before big events. shanidarden.com; *Shani Darden Skin Care Retinol Reform*, \$89, sephora.com.

THE RED CARPET FACIAL

New York editors love **Edyta Jarosz**, the Shafer Clinic Fifth Avenue's star facialist. Her passion for facial massage (which she refers to as the "artful application of pressure and precision") comes through in her gifted hands. Her specialty is the Red Carpet Facial, blending massage, machines, and cryotherapy for the most "snatched" result. shaferplasticsurgery.com; *SkinMedica TNS Advanced+ Serum*, \$295, dermstore.com.



THE PAIN-RELIEF FACIAL

Joseph Carrillo begins every invitation-only facial massage by asking clients to look to the left, look to the right, and then try to "kiss the sky," so that he can see the range of motion in the neck's platysma muscle. He's well-versed in buccal massage—snapping on black gloves, he sticks his hands inside the mouth, using crimping and smoothing motions, to soothe soreness and provide TMJ relief. sculptedbyjoseph.glossgenius.com; *Tata x Lure Facial Cupping Set*, \$38, tataharperskincare.com.

